CLAIMS

- 1. A pad for skin care comprising exfoliating elements (4, 24, 34-34', 44) distributed between at least one first fibrous layer (2, 22, 32, 42) and a second fibrous layer (6, 26, 36-36', 46) of lower basis weight than the first fibrous layer.
- 2. A pad as defined in the preceding claim, wherein the exfoliating elements form a layer.
- 3. A pad as defined in the preceding claim, wherein the layer of exfoliating elements is evenly distributed.
- 4. A pad as defined in claim 2, wherein the layer of exfoliating elements is distributed in a continuous or broken pattern.
- 5. A pad as defined in claim 1, wherein the fibrous layers (2, 22, 32, 42, 6, 26, 36-36', 46) consist of fibers selected from among cellulose fibers, artificial fibers, or synthetic fibers, individually or in a mixture.
- 6. A pad as defined in the preceding claim, wherein the first layer (2, 22, 32, 42) consists of fibers selected from among the fibers of cotton, viscose, polyester, or polypropylene, individually or in a mixture.
- 7. A pad as defined in the preceding claim, wherein the basis weight of the first layer (2, 22, 32, 42) ranges from 20 to 350 g/m².
- 8. A pad as defined in the preceding claim, wherein the first layer (2, 22, 32, 42) is a sheet of fibers of the Rando Webber type.
 - 9. A pad as defined in claim 5, wherein the second layer (6, 26, 36-36', 46) consists

of fibers selected from among the fibers of cotton, flax, ramie, viscose, polyester, or polypropylene, individually or in a mixture.

- 10. A pad as defined in the preceding claim, wherein the basis weight of the second layer (6, 26, 36-36', 46) ranges from 5 to 50 g/m².
- 11. A pad as defined in the preceding claim, wherein the second layer (6, 26, 36-36', 46) consists of one or more carded webs.
- 12. A pad as defined in one of the preceding claims, wherein the basis weight of the layer of exfoliating elements (4, 24, 34-34', 44) ranges from 2 to 50 g/m².
- 13. A pad as defined in the preceding claim, wherein the exfoliating elements (4, 24, 34-34', 44) are selected from among
- natural organic products, such as strawberry achenes, apricot kernels, organic bamboo silica, or gourd silica,
 - mineral products, such as beads of silica,
 - artificial products, such as spheres of cellulose and methylcellulose,
- or synthetic products, such as the polymers polyethylene, nylon, polypropylene, or EVA.
- 14. A pad as defined in one of the preceding claims comprising a second layer of exfoliating elements (34') introduced between the first layer (32) and a third fibrous layer (36').
- 15. A pad as defined in one of the preceding claims, wherein the fibrous layers are bonded.
- 16. A pad as defined in one of the preceding claims, wherein the layers are bonded to each other.

- 17. A pad as defined in one of claims 15 or 16, wherein the fibers are bonded to each other by hydraulic bonding or mechanical bonding.
- 18. A pad as defined in claim 15 or 16, wherein such pad comprises at least thermofusible material and its fibers are at least in part thermally bonded.
- 19. A process of manufacturing a pad as defined in one of the preceding claims, comprising the following stages: formation of a first layer of fibers, depositing of a layer of exfoliating elements on the layer, and depositing of a second layer of fibers on the layer of exfoliating elements.